



PAID: \$1.80 REDUCED: 30¢
ADULTS/GUEST: \$2.50

OCTOBER 2023

LITTLE ZEBBIE'S DINER

Manager Dena Lahman
Joann Shaffer
Mary Loving
Wendy Sutton
Madison Castro

Monday

DONUT HOLES
FROOT LOOPS
CHEESE CUBES
DICED PEARS
APPLE JUICE
MILK

2

Tuesday

MINI BLUEBERRY WAFFLES
FROOT LOOPS
CHEESE CUBES
DICED PEACHES
GRAPE JUICE
MILK

3

Wednesday

WARM CINNAMON MUFFIN
FROOT LOOPS
CHEESE CUBES
APPLESAUCE
ORANGE JUICE
MILK

4

Thursday

FALL BREAK
NO SCHOOL

5

Friday

FALL BREAK
NO SCHOOL

6

FALL
INTERCESSION

9

FALL
INTERCESSION

10

FALL
INTERCESSION

11

FALL
INTERCESSION

12

FALL BREAK
NO SCHOOL

13

GLAZED DONUT RING
LUCKY CHARMS
CHEESE CUBES
APPLESAUCE
GRAPE JUICE
MILK

16

CHOC. CHIP FRENCH TOAST
LUCKY CHARMS
CHEESE CUBES
DICED PEACHES
ORANGE JUICE
MILK

17

CINNAMON BAGEL
W/CREAM CHEESE
LUCKY CHARMS
CHEESE CUBES
MIXED FRUIT
APPLE JUICE
MILK

18

CHICKEN SLIDER
LUCKY CHARMS
CHEESE CUBES
APPLE SLICES
GRAPE JUICE
MILK

19

SAUSAGE, EGG, CHEESE
ENGLISH MUFFIN
LUCKY CHARMS
CHEESE CUBES
STRAWBERRY CUP
ORANGE JUICE
MILK

20

CINNAMON SWIRL BUN
CINNAMON TOAST CRUNCH
CHEESE CUBES
PINEAPPLE TIDBITS
APPLE JUICE
MILK

23

HAM, EGG & CHEESE
BISCUIT
CINNAMON TOAST CRUNCH
CHEESE CUBES
DICED PEACHES
GRAPE JUICE
MILK

24

FUDGE POP TART
CINNAMON TOAST CRUNCH
CHEESE CUBES
DICED PEARS
ORANGE JUICE
MILK

25

GOOD GRAVY PIZZA
CINNAMON TOAST CRUNCH
CHEESE CUBES
APPLESAUCE
GRAPE JUICE
MILK

26

PANCAKE ON A STICK
CINNAMON TOAST CRUNCH
CHEESE CUBES
GRAPES
APPLE JUICE
MILK

27

MINI CHOCOLATE DONUTS
TRIX
CHEESE CUBES
MIXED FRUIT
ORANGE JUICE
MILK

29

MINI CONFETTI PANCAKES
TRIX
CHEESE CUBES
DICED PEARS
GRAPE JUICE
MILK

31

OFFERED DAILY
Choice of Milk, Juice and Fresh Fruits

ALACART Milk .40

Breakfast Mon., Tues., Thurs. & Fri. 7:30 am Wed. 7:45 am

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER
MENU IS SUBJECT TO CHANGE BASED ON AVAILABILITY



PAY FOR MEALS ONLINE
MySchoolBucks.com

ENJOY YOUR FALL BREAK!!!!

BRING A BLANKET OR TOWEL IN
ON OCT. 4TH IF WEATHER PERMIT
WE WILL HAVE A PICNIC OUTSIDE





LUNCH

PAID: \$2.75 REDUCED: 40¢
ADULTS/GUEST: \$4.60

OCTOBER 2023

LITTLE ZEBBIE'S DINER

Manager Dena Lahman

Joann Shaffer
Mary Loving
Wendy Sutton
Madison Castro

Monday

CHICKEN FRIES **2**
BAKED BEANS
POTATO SMILES
SEASONED CORN
STRAWBERRY CUP
MILK

9
FALL
INTERSESSION

SLOPPY JOE SANDWICH **16**
TATOR TOTS
SEASONED CORN
DICED PEACHES
WG COOKIE
MILK

BBQ RIB SANDWICH **23**
POTATO WEDGES W/CHEESE
SEASONED CARROTS
APPLESAUCE
BUG BITES
MILK

MINI CORN DOGS **30**
BAKED BEANS
POTATO SMILES
DICED PEARS
JONNY POP
MILK

Tuesday

GOULASH **3**
GARLIC CHEESE BREAD
SEASONED GREEN BEANS
FRESH CAULIFLOWER
PINEAPPLE TIDBITS
MILK

10
FALL
INTERSESSION

NACHOS W/MEAT & CHEESE **17**
BREADSTICK
SEASONED BLACK BEANS
BUTTERED PEAS
MIXED FRUIT
MILK

WALKING TACO **24**
W/MEAT & CHEESE
BREADSTICK
REFRIED BEANS
SEASONED CORN
DICED PEARS
MILK

CHICKEN NUGGETS **31**
W/BBQ SAUCE
TATOR TOTS
STEAMED CAULIFLOWER
W/CHEESE SAUCE
APPLESAUCE
MILK

Wednesday

HAM & TURKEY SUB **4**
NACHO DORITOS
BABY CARROTS
CELERY STICKS
GRAPES
JONNY POP
MILK

11
FALL
INTERSESSION

POPCORN CHICKEN **18**
BAKED BEANS
FRENCH FRIES
BABY CARROTS
GOLDEN APPLE SLICES
MILK

HAMBURGER **25**
W/CHEESE & ONION RINGS
BAKED BEANS
ONION RINGS
TOMATO SLICES
FRESH PINEAPPLE
MILK

Thursday

5
FALL BREAK
NO SCHOOL

12
FALL
INTERSESSION

COUNTRY BAKED STEAK **19**
W/GRAVY & WG BISCUIT
DICED POTATOES
SEASONED GREEN BEANS
STRAWBERRIES
MILK

MEATBALLS W/GRAVY **26**
WG BISCUIT
MASHED POTATOES
SEASONED GREEN BEANS
GRAPES
MILK

Friday

6
FALL BREAK
NO SCHOOL

13
FALL BREAK
NO SCHOOL

FRENCH BREAD PIZZA **20**
PIZZA SAUCE
ROMAINE SALAD
CUCUMBER SLICES
GRAPES
MILK

STUFFED CRUST PIZZA **27**
PIZZA SAUCE
ROMAINE SALAD
BABY CARROTS
FRESH ORANGE SLICES
PUDDING CUP
MILK

OFFERED DAILY
Choice of Milk, Juice and Fresh Fruits

ALACART Milk .40

Breakfast Mon., Tues., Thurs. & Fri. 7:30 am Wed. 7:45 am

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER
MENU IS SUBJECT TO CHANGE BASED ON AVAILABILITY



PAY FOR MEALS ONLINE

MySchoolBucks.com

ENJOY YOUR FALL BREAK!!!!

BRING A BLANKET OR TOWEL IN
ON OCT. 4TH IF WEATHER PERMIT
WE WILL HAVE A PICNIC OUTSIDE

POWERED BY BREAKFAST



BREAKFAST IS SERVED EVERYDAY TO EVERYONE:

COME AND EAT BREAKFAST WITH US EACH MORNING

STARTING AT 7:30 MON., TUES., THURS., & FRI. AND 7:45 WEDNESDAYS



FNS USE ONLY

SOLO PARA FNS



AND JUSTICE FOR ALL



In accordance with Federal law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), age, disability, and reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, and American Sign Language) should contact the responsible State or local Agency that administers the program or USDA's TARGET Center at **(202) 720-2600** (voice and TTY) or contact USDA through the Federal Relay Service at **(800) 877-8339**.

To file a program discrimination complaint, a complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form, which can be obtained online, at <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling **(866) 632-9992**, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

mail:
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or

fax:
(833) 256-1665 or (202) 690-7442; or

email:
program.intake@usda.gov.

This institution is an equal opportunity provider.

Conforme a la ley federal y las políticas y regulaciones de derechos civiles del Departamento de Agricultura de los Estados Unidos (USDA), esta institución tiene prohibido discriminar por motivos de raza, color, origen nacional, sexo (incluyendo identidad de género y orientación de sexual), edad, discapacidad, venganza o represalia por actividades realizadas en el pasado relacionadas con los derechos civiles.

La información del programa puede estar disponible en otros idiomas además del inglés. Las personas con discapacidades que requieran medios de comunicación alternativos para obtener información sobre el programa (por ejemplo, Braille, letra agrandada, grabación de audio y lenguaje de señas americano) deben comunicarse con la agencia estatal o local responsable que administra el programa o con el TARGET Center del USDA al **(202) 720-2600** (voz y TTY) o comunicarse con el USDA a través del Servicio Federal de Transmisión de Información al **(800) 877-8339**.

Para presentar una queja por discriminación en el programa, el reclamante debe completar un formulario AD-3027, Formulario de queja por discriminación del programa del USDA, que se puede obtener en línea, en <https://www.usda.gov/sites/default/files/documents/ad-3027s.pdf>, en cualquier oficina del USDA, llamando al **(866) 632-9992**, o escribiendo una carta dirigida al USDA. La carta debe contener el nombre, la dirección y el número de teléfono del reclamante, y una descripción escrita de la supuesta acción discriminatoria con suficiente detalle para informar al Subsecretario de Derechos Civiles (ASCR, por sus siglas en inglés) sobre la naturaleza y la fecha de la presunta violación de los derechos civiles. La carta o el formulario AD-3027 completado debe enviarse al USDA por medio de:

correo postal:
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; o´

fax:
(833) 256-1665 o´ (202) 690-7442; o´

correo electrónico:
program.intake@usda.gov.

Esta institución ofrece igualdad de oportunidades.