



PAID: \$1.90 REDUCED: 30¢
ADULTS/GUEST: \$2.50

MARCH 2024

ROCHESTER HIGH SCHOOL

Manager: AMANDA WEYANT

Leah Sutton
Missy Smith
Autumn Hughes

Linda Turnipseed
Jill Thomas
Valerie Conley

Monday

Tuesday

Wednesday

Thursday

Friday

4
PANCAKES & SAUSAGE
SLICED PEACHES
FRUIT PUNCH JUICE
MILK

5
BREAKFAST PIZZA or
BISCUITS & GRAVY
PEARS
ORANGE JUICE
MILK

6
BREAKFAST SANDWICH
FRUIT COCKTAIL
GRAPE JUICE
MILK

7
PANCAKE ON A STICK
APRICOT CUP
APPLE JUICE
MILK

8
BREAKFAST BURRITO
SLICED PEARS
ORANGE JUICE
MILK

11
NO SCHOOL
SPRING BREAK

12
NO SCHOOL
SPRING BREAK

13
NO SCHOOL
SPRING BREAK

14
NO SCHOOL
SPRING BREAK

15
NO SCHOOL
SPRING BREAK

18
INTERCESSION
NO SCHOOL

19
INTERCESSION
NO SCHOOL

20
INTERCESSION
NO SCHOOL

21
INTERCESSION
NO SCHOOL

22
NO SCHOOL
SPRING BREAK

25
PANCAKES & SAUSAGE
SLICED PEACHES
FRUIT PUNCH JUICE
MILK

26
BREAKFAST PIZZA or
BISCUITS & GRAVY
PEARS
ORANGE JUICE
MILK

27
BREAKFAST SANDWICH
FRUIT COCKTAIL
GRAPE JUICE
MILK

28
PANCAKE ON A STICK
APRICOT CUP
APPLE JUICE
MILK

29
BREAKFAST BURRITO
SLICED PEARS
ORANGE JUICE
MILK

OFFERED DAILY WHEN AVAILABLE
BENEFIT BARS, CEREAL, CEREAL BARS
DONUTS, POPTARTS, MUFFINS, PASTRIES
FRUDELS, PULL APARTS, BAGLES
Choice of Milk, Choice of Juice, Canned and fresh fruit

MENU IS SUBJECT TO CHANGE BASED ON AVAILABILITY
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

ALACART Milk .40

Breakfast: (Mon, Tues, Thurs, Fri) 7:30 A.M. (Wednesday) 8:00 A.M.





PAID: \$2.85 REDUCED: 40¢
ADULTS/GUEST: \$4.60

MARCH 2024

ROCHESTER HIGH SCHOOL

Manager: AMANDA WEYANT

Leah Sutton
Missy Smith
Autumn Hughes

Linda Turnipseed
Jill Thomas
Valerie Conley

Monday



Tuesday



Wednesday



Thursday



Friday

CHEESE PIZZA
PEPPERONI PIZZA
MARINARA
CONEY AND CHEESE FRIES
SEASONED GREEN BEANS
RED DELICIOUS APPLE
APRICOT CUP

ASIAN CHICKEN BOWL
TERIYAKI BEEF BOWL
WG VEGETABLE LO-MEIN
STEAMED BROCCOLI
CARROTS
GOLDEN DELICIOUS APPLES
BANANA

WALKING TACO
CONEY & CHEESE DOG
LETTUCE
TOMATO
REFRIED BEANS
STRAWBERRY CUP
CUTIE

SLOPPY JOE
POPCORN CHICKEN
W/BREADSTICK
WEDGE CUT POTATOES
SEASONED CORN
APRICOT CUP

CHICKEN NOODLES
SLICED TURKEY
DINNER ROLL
MASHED POTATOES
SEASONED GREEN BEANS
SLICED PEACHES
FRUIT COCKTAIL

FISH SANDWICH
PERSONAL PAN
W/MARINARA
CHEESY POTATOES
FRESH BROCCOLI
FLAVORED APPLESAUCE
WATERMELON

NO SCHOOL
SPRING BREAK

NO SCHOOL
SPRING BREAK

NO SCHOOL
SPRING BREAK

NO SCHOOL
SPRING BREAK

NO SCHOOL
SPRING BREAK

INTERCESSION
NO SCHOOL

INTERCESSION
NO SCHOOL

INTERCESSION
NO SCHOOL

INTERCESSION
NO SCHOOL

NO SCHOOL
SPRING BREAK

ASIAN CHICKEN BOWL
TERIYAKI BEEF BOWL
WG VEGETABLE LO-MEIN
STEAMED BROCCOLI
CARROTS
GOLDEN DELICIOUS APPLES
BANANA

BURRITO BOWL
W RICE
& BEEF, PORK OR CHICKEN
BLACK BEANS, QUESO
CORN SALSA
PEPPERS & ONIONS
ROMAINE LETTUCE
RAISINS
CLEMENTINE

HOT & SPICY CHICKEN
BREADED CHICKEN
FRENCH FRIES
CELERY
CARROTS
MIXED FRUIT
SLICED PEARS

TERIYAKI BEEF BITES
CHICKEN PARMESAN PASTA
GARLIC BREAD
MIXED VEGGIES
CAESAR SALAD
CARROT STICKS
KIWI
STRAWBERRIES

PIZZA SOUP
W/ FLATBREAD
CHEESEBURGER
w/CHIPS
ROMAIN SIDE SALAD
SLICED ONIONS & TOMATOES
GRANNY SMITH APPLE
APRICOT CUPS

ALACARTE REIMBURSABLE ENTRÉE

MONDAY: MINI CORN DOGS

TUESDAY: CHEESEBURGER

WEDNESDAY: CHEESY PULL APART

THURSDAY: CHICKEN

FRIDAY: CALZONE



PAY FOR MEALS ONLINE

MySchoolBucks.com

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER---MENU SUBJECT TO CHANGE BASED ON AVAILABILITY
DEPOSITS DO NOT POST IMMEDIATELY

ROTATING REIMBURSABLE ENTREES

ENTRÉE SALADS
WRAPS
COLD SANDWICH
PARFAITS

HOMEMADE PB&J
FRUIT & MEAT CUP
YOGURT & STRING CHEESE
UNCRUSTABLES



AND JUSTICE FOR ALL



In accordance with Federal law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability, and reprisal or retaliation for prior civil rights activity. (Not all prohibited bases apply to all programs.)

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, and American Sign Language) should contact the responsible State or local Agency that administers the program or USDA’s TARGET Center at **(202) 720-2600** (voice and TTY) or contact USDA through the Federal Relay Service at **(800) 877-8339**.

To file a program discrimination complaint, a complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form, which can be obtained online, at <https://www.ascr.usda.gov/sites/default/files/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling **(866) 632-9992**, or by writing a letter addressed to USDA. The letter must contain the complainant’s name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

mail:
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or

fax:
(833) 256-1665 or (202) 690-7442;

email:
program.intake@usda.gov.

This institution is an equal opportunity provider.

Conforme a la ley federal y las políticas y regulaciones de derechos civiles del Departamento de Agricultura de los Estados Unidos (USDA), esta institución tiene prohibido discriminar por motivos de raza, color, origen nacional, sexo, edad, discapacidad, venganza o represalia por actividades realizadas en el pasado relacionadas con los derechos civiles (no todos los principios de prohibición aplican a todos los programas).

La información del programa puede estar disponible en otros idiomas además del inglés. Las personas con discapacidades que requieran medios de comunicación alternativos para obtener información sobre el programa (por ejemplo, Braille, letra agrandada, grabación de audio y lenguaje de señas americano) deben comunicarse con la agencia estatal o local responsable que administra el programa o con el TARGET Center del USDA al **(202) 720-2600** (voz y TTY) o comunicarse con el USDA a través del Servicio Federal de Transmisión de Información al **(800) 877-8339**.

Para presentar una queja por discriminación en el programa, el reclamante debe completar un formulario AD-3027, Formulario de queja por discriminación del programa del USDA, que se puede obtener en línea, en <https://www.ascr.usda.gov/sites/default/files/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, en cualquier oficina del USDA, llamando al **(866) 632-9992**, o escribiendo una carta dirigida al USDA. La carta debe contener el nombre, la dirección y el número de teléfono del reclamante, y una descripción escrita de la supuesta acción discriminatoria con suficiente detalle para informar al Subsecretario de Derechos Civiles (ASCR, por sus siglas en inglés) sobre la naturaleza y la fecha de la presunta violación de los derechos civiles. La carta o el formulario AD-3027 completado debe enviarse al USDA por medio de:

correo postal:
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; o´

fax:
(833) 256-1665 o´ (202) 690-7442;

correo electrónico:
program.intake@usda.gov.

Esta institución ofrece igualdad de oportunidades.