



PAID: \$1.90 REDUCED: 30¢
ADULTS/GUEST: \$2.50

APRIL 2024

ROCHESTER HIGH SCHOOL

Manager: AMANDA WEYANT

Leah Sutton
Kathryn Pionke
Annelise Dubois

Linda Turnipseed
Autumn Hughes

Monday

Tuesday

Wednesday

Thursday

Friday

1

PANCAKES & SAUSAGE
SLICED PEACHES
FRUIT PUNCH JUICE
MILK

2

BREAKFAST PIZZA OR
BISCUITS & GRAVY
PEARS
ORANGE JUICE
Milk

3

BREAKFAST SANDWICH
FRUIT COCKTAIL
GRAPE JUICE
MILK

4

PANCAKE ON A STICK
APRICOT CUP
APPLE JUICE
MILK

5

BREAKFAST BURRITO
SLICED PEARS
ORANGE JUICE
MILK

8

PANCAKES & SAUSAGE
SLICED PEACHES
FRUIT PUNCH JUICE
MILK

9

BREAKFAST PIZZA OR
BISCUITS & GRAVY
PEARS
ORANGE JUICE
Milk

10

BREAKFAST SANDWICH
FRUIT COCKTAIL
GRAPE JUICE
MILK

11

PANCAKE ON A STICK
APRICOT CUP
APPLE JUICE
MILK

12

BREAKFAST BURRITO
SLICED PEARS
ORANGE JUICE
MILK

15

PANCAKES & SAUSAGE
SLICED PEACHES
FRUIT PUNCH JUICE
MILK

16

BREAKFAST PIZZA OR
BISCUITS & GRAVY
PEARS
ORANGE JUICE
Milk

17

BREAKFAST SANDWICH
FRUIT COCKTAIL
GRAPE JUICE
MILK

18

PANCAKE ON A STICK
APRICOT CUP
APPLE JUICE
MILK

19

BREAKFAST BURRITO
SLICED PEARS
ORANGE JUICE
MILK

22

PANCAKES & SAUSAGE
SLICED PEACHES
FRUIT PUNCH JUICE
MILK

23

BREAKFAST PIZZA OR
BISCUITS & GRAVY
PEARS
ORANGE JUICE
Milk

24

BREAKFAST SANDWICH
FRUIT COCKTAIL
GRAPE JUICE
MILK

25

PANCAKE ON A STICK
APRICOT CUP
APPLE JUICE
MILK

26

BREAKFAST BURRITO
SLICED PEARS
ORANGE JUICE
MILK

29

PANCAKES & SAUSAGE
SLICED PEACHES
FRUIT PUNCH JUICE
MILK

30

BREAKFAST PIZZA OR
BISCUITS & GRAVY
PEARS
ORANGE JUICE
Milk

OFFERED DAILY WHEN AVAILABLE
BENEFIT BARS, CEREAL, CEREAL BARS
DONUTS, POPTARTS, MUFFINS, PASTRIES
FRUELS, PULL APARTS, BAGELS
Choice of Milk, Choice of Juice, Canned and fresh fruit

MENU IS SUBJECT TO CHANGE BASED ON AVAILABILITY
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

Breakfast: (Mon, Tues, Thurs, Fri) 7:30 A.M. (Wednesday) 8:00 A.M.



ALACART Milk .40



PAY FOR MEALS ONLINE
MySchoolBucks.com



PAID: \$2.85 REDUCED: 40¢
ADULTS/GUEST: \$4.60

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ROCHESTER HIGH SCHOOL

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Autumn Hughes

Monday

1
ASIAN CHICKEN BOWL
TERIYAKI BEEF BITES
WG VEGETABLE LO-MEIN
STEAMED BROCCOLI
CARROTS
GOLDEN DELICIOUS APPLE
BANANA

8
TURKEY BURGER
BOSCO'S W/ MARINARA & CHEESE
FRIES
BUTTERED PEAS
RAISINS
GRANNY SMITH APPLE
BOMB POP

15
ASIAN CHICKEN BOWL
TERIYAKI BEEF BITES
WG VEGETABLE LO-MEIN
STEAMED BROCCOLI
CARROTS
GOLDEN DELICIOUS APPLE
BANANA

22
BREADED CHICKEN SANDWICH
HOT & SPICY CHICKEN SANDWICH
WEDGE FRIES
BAKED BEANS
SLICED PEACHES
RED DELICIOUS APPLE
SHERBET

29
ASIAN CHICKEN BOWL
TERIYAKI BEEF BITES
WG VEGETABLE LO-MEIN
STEAMED BROCCOLI
CARROTS
GOLDEN DELICIOUS APPLE
BANANA

Tuesday

2
BURRITO RICE BOWL
W/ BEEF, CHICKEN, PORK
BLACK BEANS, QUESO, CORN SALSA
GRILLED PEPPERS & ONIONS
ROMAINE LETTUCE
RAISINS
CLEMENTINE

9
WALKING TACO
CONEY & CHEESE DOG
TOMATOES & ONIONS
SALSA, SOUR CREAM
REFRIED BEANS
STRAWBERRY CUP
CUTIE

16
BURRITO RICE BOWL
W/ BEEF, CHICKEN, PORK
BLACK BEANS, QUESO, CORN SALSA
GRILLED PEPPERS & ONIONS
ROMAINE LETTUCE
RAISINS
CLEMENTINE
RED DELICIOUS APPLE

23
LOADED WAFFLE FRIES
W/ BEEF, CONEY
CHEESE SAUCE
TOMATOES & ONIONS
ROMAIN LETTUCE
BLACK BEANS
BANANA
GALA APPLE

30
BURRITO RICE BOWL
W/ BEEF, CHICKEN, PORK
BLACK BEANS, QUESO, CORN SALSA
GRILLED PEPPERS & ONIONS
ROMAINE LETTUCE
SOUR CREAM, TACO SAUCE
RAISINS
CLEMENTINE

Wednesday

3
BBQ WINGS
HOT WINGS
BREADSTICKS
CRINKLE FRENCH FRIES
CELERY & CARROT STICKS
MIXED FRUIT CUP
SLICED PEARS

10
SLOPPY JOE SANDWICH
PORK TENDERLOIN ON BUN
WEDGE POTATOES
GLAZED CARROTS
APRICOT CUP
BANANA

17
BBQ WINGS
HOT WINGS
BREADSTICKS
CRINKLE FRENCH FRIES
SEASONED CARROTS
MIXED FRUIT CUP
SLICED PEARS

24
BBQ PORK SANDWICH
CHICKEN BITES
W/DINNER ROLL
MAC & CHEESE
CARROTS
ROMAINE SALAD
SLICED PEACHES
SLICED PEARS

Thursday

4
LOADED MAC& CHEESE BOWL
W/ STEAK, CHICKEN, PORK
GRILLED PEPPERS & ONIONS
STEAMED BROCCOLI
CARROTS
WATERMELON
KIWI
COOKIE

11
CHICKEN & NOODLE
SLICED TURKEY W/ GRAVY
DINNER ROLL
MASHED POTATOES
MIXED VEGGIES
SLICED PEACHES
APRICOTS

18
LOADED MAC& CHEESE BOWL
W/ STEAK, CHICKEN, PORK
GRILLED PEPPERS & ONIONS
STEAMED BROCCOLI
FRESH CARROTS
KIWI
GRAPES

25
CHICKEN & NOODLE
SLICED TURKEY W/ GRAVY
DINNER ROLL
MASHED POTATOES
MIXED VEGGIES
SLICED PEACHES
RAISINS

Friday

5
CHEESE PIZZA
PEPPERONI PIZZA
W/MARINARA
CONEY & CHEESE FRIES
SEASONED CARROTS
RED DELICIOUS APPLE
BANANA

12
PERSONAL PAN PIZZA
W/ MARINARA
FISH SANDWICH
CHEESY POTATOES
FRESH BROCCOLI
APPLE SAUCE
ORANGES

19
CHEESE PIZZA
PEPPERONI PIZZA
W/MARINARA
CONEY & CHEESE FRIES
SEASONED PEAS
RED DELICIOUS APPLE
PEARS

26
PERSONAL PAN PIZZA
W/ MARINARA
FISH SANDWICH
CHEESY POTATOES
STEAMED BROCCOLI
APPLE SAUCE
FRUIT COCKTAIL

ALACARTE REIMBURSABLE ENTRÉE

MONDAY: MINI CORN DOGS

TUESDAY: CHEESEBURGER

WEDNESDAY: CHEESY PULL APART

THURSDAY: CHICKEN

FRIDAY: CALZONE



PAY FOR MEALS ONLINE

MySchoolBucks.com

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER---MENU SUBJECT TO CHANGE BASED ON AVAILABILITY
DEPOSITS DO NOT POST IMMEDIATELY

ROTATING REIMBURSABLE ENTREES

ENTRÉE SALADS

WRAPS

COLD SANDWICH

PARFAITS

HOMEMADE PB&J

FRUIT & MEAT CUP

YOGURT & STRING CHEESE

UNCRUSTABLES



United States Department of Agriculture

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AND JUSTICE FOR ALL



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To file a program discrimination complaint, a complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form, which can be obtained online, at <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

mail:

U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or

fax:

(833) 256-1665 or (202) 690-7442; or

email:

program.intake@usda.gov.

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La información del programa puede estar disponible en otros idiomas además del inglés. Las personas con discapacidades que requieran medios de comunicación alternativos para obtener información sobre el programa (por ejemplo, Braille, letra agrandada, grabación de audio y lenguaje de señas americano) deben comunicarse con la agencia estatal o local responsable que administra el programa o con el TARGET Center del USDA al (202) 720-2600 (voz y TTY) o comunicarse con el USDA a través del Servicio Federal de Transmisión de Información al (800) 877-8339.

Para presentar una queja por discriminación en el programa, el reclamante debe completar un formulario AD-3027, Formulario de queja por discriminación del programa del USDA, que se puede obtener en línea, en <https://www.usda.gov/sites/default/files/documents/ad-3027s.pdf>, en cualquier oficina del USDA, llamando al (866) 632-9992, o escribiendo una carta dirigida al USDA. La carta debe contener el nombre, la dirección y el número de teléfono del reclamante, y una descripción escrita de la supuesta acción discriminatoria con suficiente detalle para informar al Subsecretario de Derechos Civiles (ASCR, por sus siglas en inglés) sobre la naturaleza y la fecha de la presunta violación de los derechos civiles. La carta o el formulario AD-3027 completado debe enviarse al USDA por medio de:

correo postal:

U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; o'

fax:

(833) 256-1665 o' (202) 690-7442; o'

correo electrónico:

program.intake@usda.gov.

Esta institución ofrece igualdad de oportunidades.