



PAID: \$1.90 REDUCED: 30¢
ADULTS/GUEST: \$2.50

FEBRUARY 2024

ROCHESTER MIDDLE SCHOOL

MANAGER BECKY VANMETER

PAMELA SHIPPY
LAURA CADE
SHEILA BOHM
TONYA PARKER

Monday

Tuesday

Wednesday

Thursday

Friday



5
CINNAMON TOAST
CRUNCH
BAR
RED DELICIOUS APPLE
GRAPE JUICE
MILK

6
CHEESE OMELET
FLAT BREAD
STRAWBERRY CUP
ORANGE JUICE
MILK

7
SAUSAGE, EGG & CHEESE
BISCUIT
ORANGE SLICES
APPLE JUICE
MILK

8
GRAVY BREAKFAST PIZZA
RED GRAPES
FRUIT PUNCH
MILK

9
FRENCH TOAST STICKS
SAUSAGE PATTY
APRICOT CUP
GRAPE JUICE
MILK

12
CHOC. CHIP PANCAKES
BACON
GOLDEN
DELICIOUS APPLE
ORANGE JUICE
MILK

13
ULTIMATE CINNAMON
ROUND
MIXED FRUIT
APPLE JUICE
MILK

14
EGG CHEESE BAGEL
GALA APPLE
FRUIT PUNCH
MILK

15
SAUSAGE BREAKFAST
PIZZA
PINEAPPLE TIDBITS
GRAPE JUICE
MILK

16
APPLE PANCAKES
BACON
BANANA
ORANGE JUICE
MILK

19
APPLE FRUDEL
SLICED PEACHES
APPLE JUICE
MILK

20
BREAKFAST BURRITO
APPLESAUCE
FRUIT PUNCH
MILK

21
BACON EGG & CHEESE
BISCUIT
KIWI
GRAPE JUICE
MILK

22
CONFETTI PANCAKES
BACON
SLICED PEARS
ORANGE JUICE
MILK

23
STRAWBERRY CREAM
CHEESE BAGEL
GOLDEN DELICIOUS APPLE
FRUIT PUNCH
MILK

26
CHOCOLATE CHIP
FRENCH TOAST
STRAWBERRY CUP
FRUIT PUNCH
MILK

27
PANCAKE ON A STICK
KIWI
GRAPE JUICE
MILK

28
HAM, EGG & CHEESE
BISCUIT
APRICOT CUP
APPLE JUICE
MILK

29
BREAKFAST PIZZA
BACON, EGG & CHEESE
BANANA
GRAPE JUICE
MILK



OFFERED DAILY WHEN AVAILABLE
BENEFIT BARS AND UNCRUSTABLES
CEREAL & CH STIX, POP TART & CH STIX
Choice of Milk, Choice of Juice,
Canned and fresh fruit

MENU IS SUBJECT TO CHANGE BASED ON AVAILABILITY
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER



PAY FOR MEALS ONLINE
MySchoolBucks.com

ALACART Milk .40

Breakfast: (Mon, Tues, Thurs, Fri) 7:30-8:00 Breakfast: (Wednesday) 8:00 - 8:30



PAID: \$2.85 REDUCED: 40¢
ADULTS/GUEST: \$4.60

FEBRUARY 2024

ROCHESTER MIDDLE SCHOOL

MANAGER BECKY VANMETER

PAMELA SHIPPY
LAURA CADE
SHEILA BOHM
TONYA PARKER

Monday



Tuesday



Wednesday



Thursday

Friday

5
CONEY HOT DOG
CHEESEBURGER
POTATOE WEDGES
BROCCOLI BITES
PINEAPPLE & ORANGES
GALA APPLE

6
HOT & SPICY CHICKEN PATTY
MEATBALL SUB
CHEESE FRIES
SEASONED CARROTS
SLICED PEACHES
RED GRAPES

7
STROMBOLI ROLL
CHICKEN FRIES
W/ DINNER ROLL
POTATO SMILES
LIMA BEANS
SLICED PEARS
KIWI

1
CORN DOG
CALZONE
W/MARINARA SAUCE
FRENCH FRIES
SLICED CUCUMBERS
SLICED PEARS
STRAWBERRY CUP

2
CHEESE PIZZA
W/ MARINARA SAUCE
BBQ BONELESS CHICKEN WINGS
SEASONED CORN
ROMAINE SALAD
APRICOT CUPS
ORANGE SMILES

12
POPCORN CHICKEN
W/ BREADSTICK
GRILLED CHEESE
CALIFORNIA BLEND
CARROT STICKS
GOLDEN DELICIOUS APPLE
STRAWBERRY CUP

13
FLOUR BEEF TACO
FLOUR CHICKEN FAJITA
GRILLED PEPPERS & ONIONS
REFRIED BEANS
CHERRY TOMATOES
GALA APPLE
BANANA

14
BBQ PORK SANDWICH
CHEESEBURGER SLIDERS
FRENCH FRIES
SEASONED CARROTS
PINEAPPLE CHUNCK
CLEMENTINES
ICE CREAM SANDWICH

15
MEATLOAF
COUNTRY BAKED STEAK
DINNER ROLL
MASHED POTATOES
SEASONED CORN
CINNAMON APPLESAUCE
MIXED FRUIT

16
TACO PIZZA BITES
CHICKEN NUGGETS
W/BREADSTICK
BUTTERED PEAS
ROMAINE SALAD
SLICED PEACHES
KIWI

19
HOT DOG
BOSCO'S
W/MARINARA SAUCE
POTATO WEDGES
BAKED BEANS
SOUR RAISINS
RED GRAPES

20
SPAGHETTI W/ MEATSAUCE
& GARLIC BREAD
SUPER SUB
SEASONED MIXED VEGGIES
RED PEPPER RINGS
CINNAMON APPLESAUCE
ORANGE SLICES

21
HOT HAM & CHEESE
MINI CORN DOGS
W.G. CHIPS & COOKIE
CELERY
CARROT STICKS
FRUIT COCKTAIL
RED DELICIOUS APPLE

22
CHICKEN & NOODLES
TURKEY SLICE
DINNER ROLL
MASHED POTATOES
SEASONED GREEN BEANS
APRICOT CUPS
CRAZINS

23
HAM & TURKEY WRAP
PEPPERONI PIZZA
W/MARINARA SAUCE
PEAS & CARROTS
ROMAINE SALAD
SLICED PEACHES
BANANA

26
CHICKEN PATTY SANDWICH
HAMBURGER
FRENCH FRIES
SEASONED CAULIFLOWER
PINEAPPLE & ORANGES
GALA APPLE

27
CRISPY CHICKEN LEG
FISH SANDWICH
W/ DINNER ROLL
SWEET POTATO FRIES
BAKED BEANS
SLICED PEARS
STRAWBERRIES

28
HOT & SPICY CHICKEN TENDERLOIN
PORK TENDERLOIN SANDWICH
POTATO WEDGES
CARROT STICKS
MIXED FRUIT
RED DELICIOUS APPLE

29
CORN DOG
CALZONE
W/MARINARA SAUCE
CHEESE FRIES
SLICED CUCUMBERS
SLICED PEARS
RASINS

OFFERED DAILY
Choice of Milk, Juice and Fresh
Canned and Fresh Fruit
ROTATING ENTREES WHEN AVAILABLE
YOGURT PACKS, COLD SANDWICHES, LUNCHABLES

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ALACART Milk .40



AND JUSTICE FOR ALL



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Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, and American Sign Language) should contact the responsible State or local Agency that administers the program or USDA’s TARGET Center at **(202) 720-2600** (voice and TTY) or contact USDA through the Federal Relay Service at **(800) 877-8339**.

To file a program discrimination complaint, a complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form, which can be obtained online, at <https://www.ascr.usda.gov/sites/default/files/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling **(866) 632-9992**, or by writing a letter addressed to USDA. The letter must contain the complainant’s name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

mail:
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or

fax:
(833) 256-1665 or (202) 690-7442;

email:
program.intake@usda.gov.

This institution is an equal opportunity provider.

Conforme a la ley federal y las políticas y regulaciones de derechos civiles del Departamento de Agricultura de los Estados Unidos (USDA), esta institución tiene prohibido discriminar por motivos de raza, color, origen nacional, sexo, edad, discapacidad, venganza o represalia por actividades realizadas en el pasado relacionadas con los derechos civiles (no todos los principios de prohibición aplican a todos los programas).

La información del programa puede estar disponible en otros idiomas además del inglés. Las personas con discapacidades que requieran medios de comunicación alternativos para obtener información sobre el programa (por ejemplo, Braille, letra agrandada, grabación de audio y lenguaje de señas americano) deben comunicarse con la agencia estatal o local responsable que administra el programa o con el TARGET Center del USDA al **(202) 720-2600** (voz y TTY) o comunicarse con el USDA a través del Servicio Federal de Transmisión de Información al **(800) 877-8339**.

Para presentar una queja por discriminación en el programa, el reclamante debe completar un formulario AD-3027, Formulario de queja por discriminación del programa del USDA, que se puede obtener en línea, en <https://www.ascr.usda.gov/sites/default/files/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, en cualquier oficina del USDA, llamando al **(866) 632-9992**, o escribiendo una carta dirigida al USDA. La carta debe contener el nombre, la dirección y el número de teléfono del reclamante, y una descripción escrita de la supuesta acción discriminatoria con suficiente detalle para informar al Subsecretario de Derechos Civiles (ASCR, por sus siglas en inglés) sobre la naturaleza y la fecha de la presunta violación de los derechos civiles. La carta o el formulario AD-3027 completado debe enviarse al USDA por medio de:

correo postal:
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; o´

fax:
(833) 256-1665 o´ (202) 690-7442;

correo electrónico:
program.intake@usda.gov.

Esta institución ofrece igualdad de oportunidades.