



BREAKFAST

PAID: \$1.90 REDUCED: 40¢
ADULTS/GUEST: \$2.50

APRIL 2024 ROCHESTER MIDDLE SCHOOL

FOOD SERVICE STAFF
PAMELA SHIPPY
MISSY SMITH
STEPHANIE MILLER
JILL THOMAS
SHEILA BOHM

Monday

CINNAMON TOAST
CRUNCH BAR
RED DELICIOUS APPLE
GRAPE JUICE
MILK

Tuesday

CHEESE OMELET
W/FLATBREAD
STRAWBERRY CUP
ORANGE JUICE
MILK

Wednesday

**SAUSAGE, EGG, &
CHEESE BISCUIT**
ORANGE SLICES
APPLE JUICE
MILK

Thursday

**GRAVY BREAKFAST
PIZZA**
RED GRAPES
FRUIT PUNCH
MILK

Friday

FRENCH TOAST STICKS
SAUSAGE PATTY
APRICOT CUP
GRAPE JUICE
MILK

CHOCOLATE CHIP PANCAKES
BACON
MIXED FRUIT
ORANGE JUICE
MILK

**ULTIMATE CINNAMON
ROUND**
GALA APPLE
FRUIT PUNCH
MILK

EGG & CHEESE BAGEL
GOLDEN DELICIOUS APPLE
APPLE JUICE
MILK

BREAKFAST PIZZA
SAUSAGE
PINEAPPLE
GRAPE JUICE
MILK

NO SCHOOL

APPLE FRUDEL
SLICED PEACHES
ORANGE JUICE
MILK

BREAKFAST BURRITO
APPLESAUCE
FRUIT PUNCH
MILK

**BACON, EGG, & CHEESE
BISCUIT**
KIWI
GRAPE JUICE
MILK

CONFETTI PANCAKES
BACON
SLICED PEARS
ORANGE JUICE
MILK

**STRAWBERRY CREAM
CHEESE BAGEL**
CLEMENTINE
FRUIT PUNCH
MILK

**CHOCOLATE CHIP
FRENCH TOAST**
STRAWBERRY CUP
FRUIT PUNCH
MILK

PANCAKE ON A STICK
BLUEBERRIES
GRAPE JUICE
MILK

**HAM, EGG, & CHEESE
BISCUIT**
APRICOT CUP
APPLE JUICE
MILK

BREAKFAST PIZZA
BACON, EGG & CHEESE
BANANA
GRAPE JUICE
MILK

CINNAMON ROLL
PINEAPPLE
FRUIT PUNCH
MILK

CINNAMON TOAST
CRUNCH BAR
RED DELICIOUS APPLE
GRAPE JUICE
MILK

CHEESE OMELET
W/FLATBREAD
STRAWBERRIES
ORANGE JUICE
MILK

OFFERED DAILY WHEN AVAILABLE
BENEFIT BARS AND UNCRUSTABLES
CEREAL & CH STIX, POP TART & CH STIX
Choice of Milk, Choice of Juice,
Canned and fresh fruit

MENU IS SUBJECT TO CHANGE BASED ON AVAILABILITY
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

Breakfast: (Mon, Tues, Thurs, Fri) 7:30-8:00 Breakfast: (Wednesday) 8:00 - 8:30



PAY FOR MEALS ONLINE
MySchoolBucks.com



ALACART Milk .40



PAID: \$2.85 REDUCED: 40¢
ADULTS/GUEST: \$4.60

APRIL 2024

ROCHESTER MIDDLE SCHOOL

FOOD SERVICE STAFF
PAMELA SHIPPY
MISSY SMITH
STEPHANIE MILLER
JILL THOMAS
SHEILA BOHM

Monday

POPCORN CHICKEN 1
TERIYAKI BEEF BITES
BREADSTICK
CHEESY POTATOES
CALIFORNIA BLEND
SLICED PEACHES
KIWI

BREADED TENDERLION 8
HOT DOG
BAKED BEANS
ROMAINE LETTUCE
SUN CHIPS
SMURF APPLESAUCE
GALA APPLE

GRILLED CHEESE 15
BBQ CHICKEN BITES
W/SWEET ROLL
FRENCH FRIES
STEAMED BROCCOLI
MANDARIN ORANGES
RAISINS

PULLED PORK SANDWICH 22
CORN DOG
MINI POTATO MASHERS
CUCUMBER SLICES
APRICOTS
GOLDEN DELICIOUS APPLE

POPCORN CHICKEN 29
TERIYAKI BEEF BITES
BREADSTICK
CHEESY POTATOES
CALIFORNIA BLEND
SLICED PEACHES
KIWI

Tuesday

BURRITO 2
BEEF TACO
W/MEAT & CHEESE
REFRIED BEANS
SHREDDED LETTUCE
APRICOTS
GOLDEN DELICIOUS APPLE

MINI CORN DOGS 9
SPAGHETTI
W/MEAT SAUCE
GARLIC CHEESE BREAD
CALIFORNIA BLEND
CARROT SLICES
PINEAPPLE & ORANGES
BAKED APPLES

STROMBOLI 16
HAMBURGER
AUGRATIN POTATOES
LIMA BEANS
SLICED PEARS
APRICOTS

TURKEY & CHEESE 23
CHICKEN NUGGETS
W/BREADSTICKS
SWEET POTATO FRIES
PEPPER SLICES
CINNAMON APPLESAUCE
ORANGE SLICES

BURRITO 30
BEEF TACO
W/MEAT & CHEESE
REFRIED BEANS
SHREDDED LETTUCE
APRICOTS
GOLDEN DELICIOUS APPLE

Wednesday

CHEESEBURGER 3
GARLIC PULL APARTS
W/MARINARA SAUCE
FRENCH FRIES
SEASONED PEAS & CARROTS
TROPICAL FRUIT SALAD
CLEMENTINES

CHICKEN NUGGETS 10
W/BREADSTICK
MOZZARELLA STICKS
W/MARINARA SAUCE
GREEN BEANS
CUCUMBER SLICES
FRUIT COCKTAIL
SOUR RAISINS

CHICKEN FRIES 17
CALZONETTES
W/MARINARA SAUCE
POTATO SMILES
RED PEPPER STRIPS
STRAWBERRIES
GRANNY SMITH APPLE

POPCORN FISH 24
BOSCOS
W/MARINARA SAUCE
BAKED BEANS
FRESH BROCCOLI
SLICED PEARS
KIWI
ICE CREAM SANDWICH

Thursday

BBQ PORK SANDWICH 4
CORN DOG
SWEET POTATO FRIES
SEASONED CORN
SLICED PEARS
RED GRAPES
ORANGE SHERBET

BAKED CHICKEN LEG 11
MEATLOAF
DINNER ROLL
BAKED POTATO
SEASONED CORN
CINNAMON APPLESAUCE
BANANA

SUPER SUB 18
HOT & SPICY TENDERS
W/BREADSTICK
POTATO WEDGES
CARROT STICKS
MIXED FRUIT
APPLE CRISP

BBQ CHICKEN LEG 25
COUNTRY FRIED STEAK
SWEET ROLL
MAC & CHEESE
SEASONED CORN
CARROTS
PINEAPPLE & ORANGES
BANANA

Friday

HOT HAM & CHEESE 5
FRENCH BREAD PIZZA
W/MARINARA SAUCE
ROMAINE SALAD
PEPPER SLICES
STRAWBERRIES
BANANA

NO SCHOOL 12

WRAP W/ TURKEY, HAM 19
& CHEESE
CHEESE PIZZA
W/MARINARA SAUCE
SEASONED PEAS
ROMAINE SALAD
PINEAPPLE
KIWI

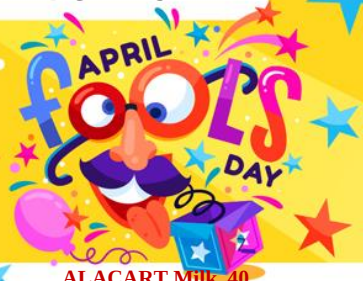
HOT HAM & CHEESE 26
STUFFED CRUST PIZZA
W/MARINARA SAUCE
ROMAINE SALAD
STEAMED BROCCOLI & CAULIFLOWER
STRAWBERRIES
RED GRAPES

OFFERED DAILY
Choice of Milk, Juice and Fresh/
Canned Vegetables and Fresh /Canned Fruit

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ALACART Milk 40

ROTATING ENTREES
YOGURT PACKS, COLD SANDWICHES
LUNCHABLES and UNCRUSTABLES



United States Department of Agriculture

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AND JUSTICE FOR ALL



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Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotope, and American Sign Language) should contact the responsible State or local Agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form, which can be obtained online, at <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

mail:

U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or

fax:

(833) 256-1665 or (202) 690-7442; or

email:

program.intake@usda.gov.

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La información del programa puede estar disponible en otros idiomas además del inglés. Las personas con discapacidades que requieran medios de comunicación alternativos para obtener información sobre el programa (por ejemplo, Braille, letra agrandada, grabación de audio y lenguaje de señas americano) deben comunicarse con la agencia estatal o local responsable que administra el programa o con el TARGET Center del USDA al (202) 720-2600 (voz y TTY) o comunicarse con el USDA a través del Servicio Federal de Transmisión de Información al (800) 877-8339.

Para presentar una queja por discriminación en el programa, el reclamante debe completar un formulario AD-3027, Formulario de queja por discriminación del programa del USDA, que se puede obtener en línea, en <https://www.usda.gov/sites/default/files/documents/ad-3027s.pdf>, en cualquier oficina del USDA, llamando al (866) 632-9992, o escribiendo una carta dirigida al USDA. La carta debe contener el nombre, la dirección y el número de teléfono del reclamante, y una descripción escrita de la supuesta acción discriminatoria con suficiente detalle para informar al Subsecretario de Derechos Civiles (ASCR, por sus siglas en inglés) sobre la naturaleza y la fecha de la presunta violación de los derechos civiles. La carta o el formulario AD-3027 completado debe enviarse al USDA por medio de:

correo postal:

U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; o'

fax:

(833) 256-1665 o' (202) 690-7442; o'

correo electrónico:

program.intake@usda.gov.

Esta institución ofrece igualdad de oportunidades.