March 2024

COLUMBIA ELEMENTARY SCHOOL

March breakfast and lunch menus

Mark your calendar

- Yearbooks orders NOW until March 8th order details below
- February 26th March 1st Book Fair (during school library class - details below)
- March 1st 5:00pm 7:30pm Book Fair Family Night (details below)
- March 10th Daylight Savings Time starts (spring forward one hour)
- March 11th thru March 22nd SPRING BREAK
- March 18th March 21st Spring Intersession at Columbia
- March 19th Bike Safety Enrichment at Columbia (must be pre-registered)
- March 20th Movie Enrichment at The Times Theater (must be pre-registered)
- March 27th Report cards available



Meet Our Staff





Specials Teachers

Miss Jazmine (Library), Mrs. Weaver (Music), Ms. Jana (P.E., Art), Mrs. Downs (Stem)



RHS Interns

Miss Bralynn, Miss Gracie, Miss Kenzie



RHS Interns

Miss Avery and Miss Isabel

Kindergarten Enrollment for 2024-2025

Please stop in the office at Columbia Elementary to pick up a packet, fill out the necessary information and return completed pages to Columbia. Be sure you've included a valid email. In the beginning of March we will start emailing those who have turned in their packets to set up a time to bring your student to the Learning Center for Kindergarten Roundup on April 5th.

If your student is currently in Columbia's preschool program you DO NOT NEED TO DO ANYTHING!

2024-2025 Round-Up flyer.pdf

Download 100.7 KB

Counselor's Corner

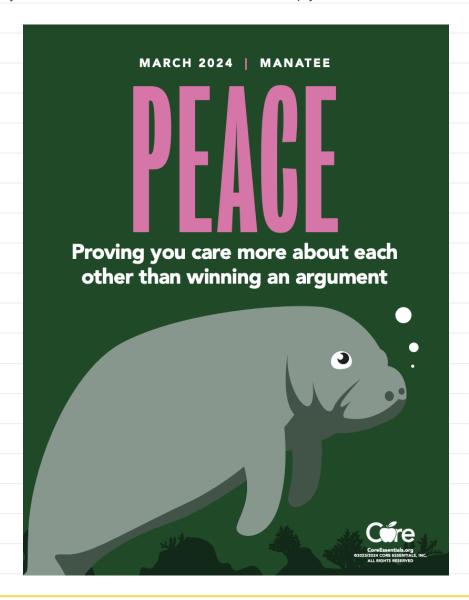
How to Help Kids Learn to Fail

As parents we want to see our children succeed, and sometimes we focus so much on this that we don't teach our children how to handle failing. Everyone fails at some point in their life, and if we miss teaching our children how to handle these experiences, we do them a disservice. Not being able to manage feelings when we fail leads to "meltdowns" and an increase in anxiety.

So how do we help our children learn to fail? Below are some tips; the full article can be found at: https://childmind.org/article/how-to-help-kids-learn-to-fail/?

<u>utm_medium=email&utm_source=newsletter&utm_campaign=pub_ed_nl_2024-01-</u>23&utm_content=how-to-help-kids-learn-to-fail

- Show empathy- Validate your child's feelings
- Make yourself a model- share examples of your failures and let your children see how you handle disappointments
- Make it a teachable moment- help your child identify what they can do next time
- Take a step back- it is difficult of watch our children struggle and fail, however, protecting
 them from these struggles hinders their ability to problem solve and build confidence to try
 new things on their own.
- Therapy- if the failure, or even fear of failure, is making it difficult for your child to function, therapy may be able to address the root cause and help your child build skills.



Note From Nurse Stacey

Spring is hopefully just around the corner and with that comes a lot of rain, mud, and puddles. Children need exercise and fresh air, so students will go outside for recess even if it's cold, weather permitting. Please ensure your children are dressed appropriately for outside weather by helping your child choose warm, comfortable clothing for school each day, including a coat, and even socks.



Middle to end of February we had a high percentage of illness related to Influenza and Covid. Hopefully we are starting to improve and everyone is healthy for spring break. Please continue to monitor your children for signs of illness and keep them home if they are ill. Here is a recap to help refresh your mind about Influenza: The "flu", also called Influenza, is a very contagious respiratory disease caused by a virus. It starts around November and is usually seen up through March. It can be mild in nature or very severe, requiring hospitalization. It is different from a cold in that it usually comes on suddenly. Common symptoms of the flu are as follows:

- *Fever or feeling feverish with chills-not everyone will have a fever
- *Cough
- *Sore throat
- *Runny or stuffy nose
- *Muscle and body aches
- *Fatigue (tiredness)
- *Headache
- *Children may have vomiting or diarrhea, not common in adults

Usually when a person gets the flu they can recover in a few days up until 2 weeks. However, pneumonia is a complication of the flu and can be life-threatening. Other complications from getting the flu are bronchitis, sinus infections, and ear infections. The flu can also make certain health conditions worse. For example, adults and children who have asthma will most likely have more asthma attacks because of having the flu.

Thank you for your assistance in minimizing the spread by keeping your child home if you suspect illness.

Childcare at Columbia

RCSC offers childcare options for working parents.

These programs are offered to students PK thru 6th grade.

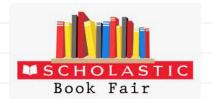
- Before school program: 6:30 am-7:45 am Fee is \$14 per student with discounts for additional students.
- After school program: 2:45 pm 5:30 pm Fee is \$24 per student with discounts for additional students.
- Break/ Intersession Care: 6:30 am-5:30 pm. Weekly fee \$84 per student and a discount is
 offered for additional students. This would include breakfast, lunch and a snack. If your
 student attends intersession, fees would be reduced.

For more information, please contact the childcare supervisor, Brooke Towell at Columbia Elementary. 574-223-2501 or brooke.towell@zebras.net.



Book Fair February 26th - March 1st Family Night - March 1st, 5pm - 7:30pm

Here's what you need to know about the big event, which will take place from 2/26 - 3/1! During that week students will be able to make purchases during their library time! We also have a FAMILY



EVENT, 3/1 from 5 pm to 7:30 pm!

Visit our Book Fair homepage to learn more and get started with eWallet and online shopping:

https://www.scholastic.com/bf/columbiaelementaryschool28.

Teacher requests for 2024 - 2025

Below are the different ways to make a teacher request, depending on what grade your student will be in next school year. All requests made prior to the deadline will be considered, however we are not able to make guarantees. Class placement will be made based on a variety of factors.

LATE REQUESTS WILL NOT BE ACCEPTED

*Students entering Kindergarten -an email will be sent from Brenda McClain using Google Forms on April 5th and need to be submitted by April 12th.

*Students entering 1st Grade - an email will be sent from Brenda McClain using Google Forms on March 1st and need to be submitted by March 8th.

RCSC does not offer teacher requests beyond 1st Grade

Pay preschool tuition - due on the 1st of each month





Columbia Elementary School

The Littlest Zebras In The Herd

1502 Elm Street, Rocheter, IN 46975 574-223-2501

