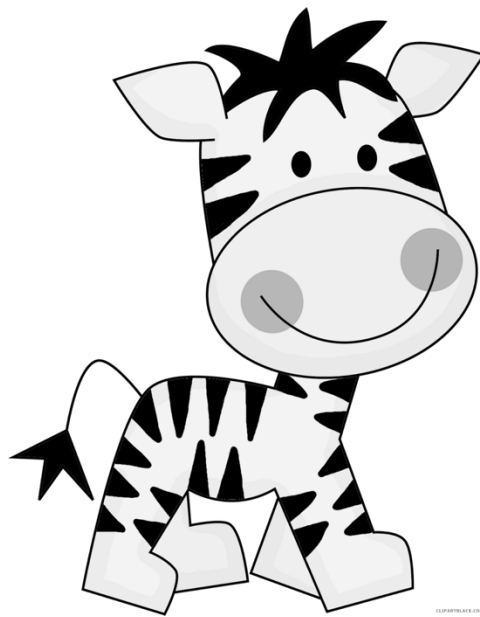


# **Little Zebras Preschool Handbook**

**Columbia Elementary**

**2023-2024**



**Building Principal: Jason Snyder  
General Education Teacher: Stacia Conrad  
General Education Teacher: Kasi Balanow  
General Education Teacher: Jennifer Keller**

# Contact Information

Little Zebras Preschool (574) 223-2501

Teacher: Mrs. Stacia Conrad: (574)223-2501 ext. 2103  
[Stacia.Conrad@zebras.net](mailto:Stacia.Conrad@zebras.net)

Teacher: Ms. Kasi Balanow (574)223-2501 ext. 2105  
[Kasi.balanow@zebras.net](mailto:Kasi.balanow@zebras.net)

Teacher: Mrs. Jennifer Keller: (574)223-2501 ext. 2052  
[Jennifer.keller@zebras.net](mailto:Jennifer.keller@zebras.net)

## Welcome to Preschool

We are very excited for your child to attend Little Zebras Preschool at Columbia Elementary! This Parent Handbook provides general information about the Preschool's program, operating guidelines, and health and safety policies. We look forward to working with you and helping your child grow throughout this school year. The preschool program is specifically for four-year old's who will be attending kindergarten the following year. The program offers a rigorous play-based curriculum geared toward the individual needs and learning styles of each individual student.

# Curriculum

Our curriculum aligns with Indiana's Early Learning Foundations. The students switch classrooms between Language Arts, Science and Mathematics. The students have a small mini lesson and then are divided into four different learning stations where they have hands-on learning. Students rotate to a new station each day Monday- Thursday. On Fridays our students participate in specials which include gym, music and art lessons.

# Payments & Rates

All day Pre-K payments will need to be sent to Columbia Elementary by the 1st of the month. Cost is \$1500 per year, or \$150 per month (August through May). If you have any questions pertaining to payments you may contact Natalie Leslie at the Columbia Elementary office at 574-223-2501.

Scholarships are available through the Fulton County Community Foundation. Parents must fill out an application to be considered. Please keep in mind that the scholarships are only for residents of Fulton County. So, if you move out of county during the school year, you will no longer be eligible for the scholarship. Please call Little Zebras Preschool at 574-223-2501 ext. 2051

# School Hours

8:30am - 2:15pm: Monday, Tuesday, Thursday, Friday

9:00-2:15: Wednesdays

## **Before/After School Care**

Before and After School Care is available through our childcare program at Rochester Community Schools.

Before School Care (6:30-8:45 a.m.): 1 Child: \$14.00/week  
2 Children: \$24.00/week  
3 Children: \$32.00/week

After School Care (2:15-5:30 p.m.): 1 child: \$24/week  
2 Children \$42/week  
3 Children \$58/week

For more information, please contact the childcare supervisor, Mrs. Deb Bryant at Columbia Elementary, 574-223-2501.

If your child will be attending Before Care they will need to be dropped off with Mrs. Bryant before 7:50 a.m. at the back entrance of the school (end of the first-grade hallway). If your child will be later than the 7:50 a.m. deadline for before care then they must wait until normal car drop off time of 8:30 a.m.

## **Drop-off & Pick-up Procedures**

**Drop Off:** All students will be dropped off in front of the school. Parents will pull up in front in the “car line” on the east side of the school. Please wait with your child in the car and the preschool staff will come to each car to get your child.

Drop off time is 8:30 a.m. on Monday, Tuesday, Thursday, and Friday. On Wednesdays, drop off time will be 9:00 a.m. due to late start Wednesdays.

**Pick Up for Car Students:** Pick up will be the same as drop off. All parents will need to pull up in front in the “car line” on the east side of the school. Please wait in your car until your child is brought to you by a teacher. If your child is no able to buckle themselves, please pull forward out of the car line to get out to assist them. All car students must be picked up by 2:15 p.m. If your child is not picked

up by the 2:15 pm. Dismissal time then they will be placed in after school care which will result in extra fees.

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\*\*\*If you have older children at Columbia, you will need to pick up your preschooler first and then get in the car line for regular car pick up for other Columbia children. Your preschooler will not be permitted to go with their older sibling to the car room.

Students Riding Bus: Parents of students who are riding the bus will be contacted by their child's bus driver. The bus driver will inform you the time your child will be picked up and dropped off for the school year. Please be sure to write these times down and be prompt when getting your child out of the door to the bus.

## Delay Schedule

Preschool will start at 10:30 AM on a two-hour delay. In the event of a 3 -hour delay, full day preschool will be canceled for the day.

**EMERGENCY SCHOOL DISMISSAL:** There may be instances, especially in the winter, when it is necessary to either begin school late or close school early or for an entire day. In the event of heavy snow, severe fog, etc., parents should listen to radio station: WROI - Rochester, or watch one of two television stations in South Bend: WSBT or WNDU or Channel 4 on RTC. Announcements will be made only when schools are closed, dismissing early, or beginning late.

Parents/Guardians are requested to provide the most updated information so School Messenger, our automated calling system, can contact parents in the event of an unscheduled early dismissal, delay or closing, or other school information. If there is no announcement, then school will be in session as usual. PLEASE DO NOT CALL THE SCHOOL OFFICE OR THE RADIO STATION. These calls only tie up telephone lines which need to be kept open in order to handle the emergency.

Parents can also look for postings on the school district website: [www.zebras.net](http://www.zebras.net).

**In the case of early dismissal, preschool students will be dismissed ½ hour before school-age students.** For example, if early dismissal is at 1:00 p.m. for Columbia students, preschoolers will be dismissed at 12:30 p.m.

## Attendance Procedures

If your child will be absent from school, please call the school before 8:45 a.m. and leave a message for the attendance secretary. The 24-hour attendance telephone number is **574-223-0506** for Columbia. **If the office has not received a call by 9:15 a.m., a call will be placed to your home or work to verify your child's absence.**

If your child becomes ill at school you will be notified and must make arrangements to get them home.

For the Columbia Preschools, a **95% attendance rate** is required to maintain eligibility in the preschool program

## **Change of Address/Telephone**

Please be sure to notify the office promptly if your address or phone number changes. This is the only way we will be able to contact you if we have delays, cancellations or if your child is sick.

## **Breakfast/Lunch Procedures**

Breakfast is available for any child whose parent wishes for them to eat at school. Please notify your child's teacher if you wish for them to eat breakfast.

Lunch will be provided and eaten in the classroom daily. If you are packing your child's lunch please be sure that it is in a lunch box labeled with your child's name. Lunches will not be able to be warmed in a microwave. Please contact Dena Lehman (223-2501 ext. 2009) if you have any questions or special dietary circumstances that need considered for your child.

Lunch Price: \$2.75

Breakfast: \$1.80

## Snacks

Little Zebras Preschool teachers will provide a snack schedule each month. Please look for your child's name on the monthly calendar.

## Birthday Treats Policy

You may provide unopened store-bought cupcakes or cookies for your child's birthday. They will be distributed during snack time. As per school policy we are not allowed to hand out birthday party invitations at school

## Medical Services

**Nurse's Clinic:** The goal of our Nurse's Clinic is to keep students comfortable, safe, healthy and learning. With this in mind, we may provide various first aid and/or hygiene products according to the student's needs. These could include over the counter topical itch creams, antibiotic ointment, redness relief eye drops, oral relief gel, or burn gel, etc. You may contact your school nurse for further information on what products might be used in the clinic. **If there is a particular product that shouldn't be used on your child please notify the School Nurse in writing immediately.** Students will be treated and returned to class immediately in most circumstances. If seriously ill or injured, the student may remain in the clinic to rest and rehabilitate with the hopes of returning to class, otherwise a parent/guardian or designated emergency contact will be notified that the student needs to be sent home from school. If a student contacts their parent/guardian during the school day to be picked up for illness but has not reported to the school nurse for assessment, the occurring absence will be unexcused. Students must obtain a pass from class in order to see the Nurse. During passing period the student should check in with the next teacher and get permission to see the Nurse. If proper procedure is not followed it will result in tardiness and the student being unaccounted for.

**Allergies:** If your child has an allergy, a Physician's order is required in order for accommodations to be made. This order will remain in effect for the entirety of the student's time at Rochester School Corp. If the allergy has resolved, another Physician's order is required to stop accommodations. We cannot solely accept parent requests due to new laws and regulations.

**Emergency Medication:** Each school is equipped with an automatic external defibrillator (AED) in case of cardiac emergency, and stock epinephrine (Epipen) in case of anaphylactic allergic reaction. If your child has a known allergy and uses an epipen or similar product you must provide this to the school nurse so that a specific plan of care can be made for your child.

**Head Lice:** If your child is found to have head lice, the nurse will work with you and let you know what needs to be done. Our policy on this can be found at [Zebras.net](http://Zebras.net) policy #8451 - PEDICULOSIS (HEAD LICE)

**Immunizations:** Students need to be immunized as required by the state of Indiana in order to attend school. Parents and/or students will be notified of requirements in advance. On or by the first day of school, proof of immunization is required. Immunizations need to be entered into the state database (CHIRP) by the health care provider or documented proof must be provided to the school. If the student is not in compliance as of the first day of school, communication with your school nurse is crucial as the student risks exclusion from school for noncompliance.

**Medications:** All medications taken at school need to be administered through the health office. Only Food and Drug Administration(FDA) approved medications will be administered. **Students may not carry any medications including cough drops with them at school or store in lockers, or back packs, etc.** All medications need to be submitted to the Nurse's office with a signed medication consent form or a permission letter stating the medication, dosage, time to be given, dates to be used and parent signature. Consent forms can be found on [Zebras.net](http://Zebras.net) or supplied by the school. All medications must be in the original bottle/container. Prescription medications must have the pharmacy label or doctor's order with the child's name, name of medication, the correct dosage, and the instructions for administration. Elementary through Middle School students may NOT transport medication to school, and parents/guardians need to pick up medications from the school.

All communicable diseases such as pink eye, fifth disease, strep, etc. will follow the RCSC Policy, per the IDOH guidelines. Students will be excluded from school activities until examined by a healthcare provider approving readmission or by completing the maximum period of communicability as outlined by the IDOH.

The school nurse is available for consultation and recommendations. Diagnosis and treatment are prescribed only by the student's family doctor.



## **Toileting**

Your child is expected to be potty trained before enrolling for preschool. Teachers are not permitted to assist with the cleaning of toileting needs. Children must be able to clean themselves by wiping and disposing of the toilet paper. Please discuss any toileting needs your child has with the teacher.

## **Rest Time**

Students will be required to rest for one hour. They do not have to sleep, but do need to stay on their cot for the hour rest time. Sheets will be provided by the school. All blankets will be washed at the school weekly.

## **Specials**

Students will be incorporated into the Columbia specials schedule. They will attend gym, art, library, music, and STEM each week.

## **Zebra Zone**

Your child will be attending Zebra Zone one Friday each month. Zebra Zone is a program put on by the faculty of Columbia which teaches character traits. Zebra Zone is not open to the public.

## **Parent Conference**

Parent/Teacher conferences will take place in the Fall and Spring. If you have concerns in between conference times please contact your child's teacher to set up a conference.

## **Personal Belongings**

For safety reasons please do not allow your child to bring any toys or candy to school. Toys can easily become broken, lost or stolen. Teachers will not be responsible for toys brought to school.

## **Backpack Suggestions**

All students will need a backpack large enough to hold a 9x12 inch notebook inside without folding or bending.

Many backpacks look alike, please label your child's backpack with his/her name visible on the outside.

Please make sure your child brings a backpack to school every day!

## **Communication Folder**

Each child will be given a communication folder at the beginning of the school year to provide parents with information on your child's school day activities and preschool happenings. It will go home with your child every day and will include all papers, artwork, notices, newsletters, etc. It needs to be returned daily in your child's backpack. All monies sent in the folder must be in an envelope and it must be labeled with your child's name and what is in the envelope such as lunch money, tuition etc.

# Supply Checklist

Please only label your child's backpack and extra clothes, the rest of the supplies will be used by the whole class. Thank you!

- Backpack
- Extra Clothes and underwear
- Disinfectant wipes (3 pack)
- 4 Dry-Erase Markers-any colors
- 1 package napkins
- 1 package baby wipes
- 4 large sized glue sticks
- 1 package markers
- 1 package crayons
- 1 watercolor paint set
- 1 pair of scissors
- 1 container of play-doh

# Positive Discipline and Child Guidance Policy

Praise and positive reinforcement are effective methods of behavior management for children. Positive interactions with teachers help students develop good self-concepts, problem solving abilities and self-discipline.

**Step 1: Create a Positive Environment:** The preschool classroom will provide a safe, childproof environment to foster the student's behavior.

**Step 2: Clarify Expectations:** Expectations will be taught the first week of school. Preschoolers are at an age where they are just beginning to understand right from wrong. Realistic expectations will be used to help students gain independence.

**Step 3: Set Clear, Fair and Consistent Rules and Limits:** We teach self-discipline through expecting and setting reasonable limits for children. When children help develop these guidelines, they understand what is expected and can actively participate in the learning process.

**Step 4: Develop a Relationship with the Child:** Teacher/Student relationships are very important to gaining respect and trust. This also fosters a love for school.

**Step 5: Model Positive Behaviors:** Teachers serve as positive role models to their students. Teachers will speak and act in ways in which we want our students to speak and act.

**Step 6: Teach Consequences:** In a child-centered environment, teachers listen, guide, and help children. When children hear simple words, they can better understand the problems associated with destructive behaviors. We help children understand why a change is needed and value mistakes as learning opportunities.

**Step 7: Teach Problem Solving Skills:** Teachers will collect information about the situation, acknowledge and support the child's feelings, state the problems clearly in a language the child understands, and help the child to generate several solutions to the problem. We teach life skills.

**Step 8: Anticipate and Redirect:** We anticipate potential problems and redirect the child's interest.

**Step 9: Discuss in Private:** We privately help the children learn how to verbalize their feelings.

**Step 10: Change Technique and Allow Renewal Time:** All children respond differently to situations. We observe and try to find solutions that work best for each child. When necessary we allow children space to get away from the situation and calm down.

Parents will always be informed of problems and progress involving their children. Parent teacher conferences/ phone calls are encouraged for private conversations about your child.

Providers Name: \_\_\_\_\_

In response to your child's misbehavior, hitting, kicking, spitting, hostile verbal behavior and other behaviors which will hurt another child are not permitted.

In response to these behaviors, I will not use:

- Threats or bribes
- Physical punishment, even if requested by the parent
- Deprive your child of food or other basic needs
- Humiliation or isolation

In response to misbehavior, I will:

- Respect your child
- Establish clear rules
- Be consistent in enforcing rules
- Use positive language to explain desired behavior
- Speak calmly while bending down to your child's eye level
- Give clear choices
- Redirect your child to a new activity
- Move your child to a time-out chair for no longer than one minute per year of your child's age, if necessary.

Any severe behavior that disrupts the classroom will result in removal of the child from the classroom until he/she can gain control of him/herself. A note will be sent home that day for the parents to sign and return the following day. In the extreme case of a child inflicting or attempting to inflict harm to another (e.g. kicking, biting, punching), a parent will be called to take the child home.

Children displaying chronic misbehavior will require an intervention plan to remain enrolled in the preschool program. This plan will be developed during a meeting involving parents, the Director and the student's teachers. Timelines for behavior improvement will be agreed upon and criteria will be set for continued enrollment in the school.

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Parent Signature

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Date