



BREAKFAST

PAID: \$1.80 REDUCED: 30¢
ADULTS/GUEST: \$2.50



SEPTEMBER 2023

LITTE ZEBBIE'S DINER BREAKFAST

Manager Dena Lahman

Joann Shaffer

Mary Loving

Wendy Sutton

Madison Castron

Monday

Tuesday

Wednesday

Thursday

Friday



NO
SCHOOL

4

Warm Chocolate Muffin
Froot Loops
Cheese Cubes
Diced Peaches
Apple Juice
Milk

5

Cinna Biscuit Bites
Froot Loops
Cheese Cubes
Applesauce
Grape Juice
Milk

6

Mini Cinnamon Waffles
Froot Loops
Cheese Cubes
Mixed Fruit
Orange Juice
Milk

7

Ham & Cheese Biscuit
Froot Loops
Cheese Cubes
Diced Pears
Apple Juice
Milk

8

Glazed Donut Ring
Apple Jacks
Cheese Cubes
Banana
Grape Juice
Milk

11

Chocolate Chip French Toast
Apple Jacks
Cheese Cubes
Diced Peaches
Orange Juice
Milk

12

Strawberry bagel
W/Cream Cheese
Apple Jacks
Cheese Cubes
Mixed Fruit
Apple Juice
Milk

13

Chicken Slider
Apple Jacks
Cheese Cubes
Apple Slices
Grape Juice
Milk

14

Sausage & Gravy Biscuit
Apple Jacks
Cheese Cubes
Cantaloupe
Orange Juice
Milk

15

Cinnamon Bun
Lucky Charms
Cheese Cubes
Watermelon
Apple Juice
Milk

18

Ham & Cheese Omelet
Lucky Charms
Cheese Cubes
Applesauce
Grape Juice
Milk

19

Pop Tart
Lucky Charms
Cheese Cubes
Diced Peaches
Orange Juice
Milk

20

Good Gravy Pizza
Lucky Charms
Cheese Cubes
Pineapple
Apple Juice
Milk

21

Cherry Frudel W/Icing
Lucky Charms
Cheese Cubes
Strawberries
Grape Juice
Milk

22

Mini Chocolate Donuts
Cinnamon Toast Crunch
Cheese Cubes
Grapes
Orange Juice
Milk

25

Mini Confetti Pancakes
Cinnamon Toast Crunch
Cheese Cubes
Diced Pears
Apple Juice
Milk

26

Mini Pancake & Sausage Bites
Cinnamon Toast Crunch
Cheese Cubes
Blueberries
Grape Juice
Milk

27

Breakfast Pizza
Cinnamon Toast Crunch
Cheese Cubes
Grapes
Orange Juice
Milk

28

Benefit Chocolate Chip Bar
Cinnamon Toast Crunch
Cheese Cubes
Cherries
Apple Juice
Milk

29

OFFERED DAILY

Choice of Milk, Juice and Fresh Fruits

Breakfast Mon., Tues., Thurs. & Fri. 7:30 am Wed. 7:45 am

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

MENU IS SUBJECT TO CHANGE BASED ON AVAILABILITY

ALACART Milk .40



PAY FOR MEALS ONLINE
MySchoolBucks.com



PAID: \$2.75 REDUCED: 40¢
ADULTS/GUEST: \$4.60



SEPTEMBER 2023

LITTLE ZEBBIE'S DINER LUNCH

Manager Dena Lahman

Joann Shaffer

Mary Loving

Wendy Sutton

Madison Castro

Monday

Tuesday

Wednesday

Thursday

Friday



**NO
SCHOOL**

4

Sausage Patty
French Toast Sticks
Hash Brown Starz
Celery Sticks
Applesauce
Milk

5

Bosco Sticks
W/Pizza Sauce
Romaine Tossed Salad
Baby Carrots
Mixed Fruit
WG Cookie
Milk

6

Country Baked Steak
W/Gravy
WG Biscuit
Diced Potatoes
Green Pepper Rings
Strawberry Cup
Milk

7

Pizza Crunchers
W/Pizza Sauce
Romaine Tossed Salad
Fresh Cauliflower
Watermelon Wedge
Orange Pushup
Milk

1

Yogurt Cup & Cheese Stick
Cinnamon Toast Crunch or
Lucky Charms Cereal
Tator Tots
Paradise Punch Juice
Banana
Milk

8

Sloppy Joe Sandwich
WG Cool Ranch Doritos
Baked Beans
Seasoned Corn
Diced Peaches
Milk

11

Nachos W/Meat & Cheese
Sauce
WG Breadstick
Seasoned Black Beans
Buttered Peas
Mixed Fruit
Milk

12

Popcorn Chicken
French Fries
Cucumber Slices
Seasoned Mixed Vegetables
Golden Apple Slices
Milk

13

Goulash
WG Garlic Cheese Bread
Fresh Cauliflower
Cantaloupe Wedge
WG Brownie
Milk

14

French Bread Pizza
W/Pizza Sauce
Romaine Tossed Salad
Grape Tomatoes
Watermelon Wedge
Milk

15

BBQ Rib Sandwich
Potato Wedges
W/Cheese Sauce
Mixed Vegetables
Smurf Applesauce
Milk

18

Walking Taco W/Meat &
Cheese
Refried Beans
Baby Carrots
Diced Peaches & Pears
Milk

19

Rodeo Burger Sandwich
W/Cheese ,Onion Ring & BBQ
French Fries
Tomato Slices
Fresh Pineapple
Milk

20

Meatballs W/Gravy
WG Biscuit
Mashed Potatoes
Seasoned Green Beans
Strawberry Cup
Milk

21

Stuffed Crust Pizza
W/Pizza Sauce
Romaine Tossed Salad
Cucumber Slices
Grapes
Zebra Pudding
Milk

22

Mini Corn Dogs
Baked Beans
Potato Smiles
Diced Pears
Jonny Pop
Milk

25

Chicken Nuggets
W/BBQ Sauce
Tator Tots
California Blend
W/Cheese Sauce
Blueberries
Milk

26

Ham, Turkey & Cheese Sub
WG Sun Chips
Celery Sticks
Baby Carrots
Grapes
Milk

27

Chicken & Noodles
WG Dinner Roll
Mashed Potatoes
Seasoned Green Beans
Cherry Crisp
Milk

28

Pizza Crunchers
W/Pizza Sauce
Romaine Tossed Salad
Fresh Cauliflower
WG Brownie
Milk

29

OFFERED DAILY
Choice of Milk, Juice and Fresh
Canned and Fresh Fruit

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER
MENU IS SUBJECT TO CHANGE BASED ON AVAILABILITY

ALACART Milk .40



AND JUSTICE FOR ALL



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Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, and American Sign Language) should contact the responsible State or local Agency that administers the program or USDA’s TARGET Center at **(202) 720-2600** (voice and TTY) or contact USDA through the Federal Relay Service at **(800) 877-8339**.

To file a program discrimination complaint, a complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form, which can be obtained online, at <https://www.ascr.usda.gov/sites/default/files/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling **(866) 632-9992**, or by writing a letter addressed to USDA. The letter must contain the complainant’s name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

mail:
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or

fax:
(833) 256-1665 or (202) 690-7442;

email:
program.intake@usda.gov.

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La información del programa puede estar disponible en otros idiomas además del inglés. Las personas con discapacidades que requieran medios de comunicación alternativos para obtener información sobre el programa (por ejemplo, Braille, letra agrandada, grabación de audio y lenguaje de señas americano) deben comunicarse con la agencia estatal o local responsable que administra el programa o con el TARGET Center del USDA al **(202) 720-2600** (voz y TTY) o comunicarse con el USDA a través del Servicio Federal de Transmisión de Información al **(800) 877-8339**.

Para presentar una queja por discriminación en el programa, el reclamante debe completar un formulario AD-3027, Formulario de queja por discriminación del programa del USDA, que se puede obtener en línea, en <https://www.ascr.usda.gov/sites/default/files/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, en cualquier oficina del USDA, llamando al **(866) 632-9992**, o escribiendo una carta dirigida al USDA. La carta debe contener el nombre, la dirección y el número de teléfono del reclamante, y una descripción escrita de la supuesta acción discriminatoria con suficiente detalle para informar al Subsecretario de Derechos Civiles (ASCR, por sus siglas en inglés) sobre la naturaleza y la fecha de la presunta violación de los derechos civiles. La carta o el formulario AD-3027 completado debe enviarse al USDA por medio de:

correo postal:
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Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; o´

fax:
(833) 256-1665 o´ (202) 690-7442;

correo electrónico:
program.intake@usda.gov.

Esta institución ofrece igualdad de oportunidades.