

JOIN US ON THE QUEST FOR SCHOOL BREAKFAST



COME JOIN US!
MARCH 2-6
2026

Get a sticker
at breakfast...



Show your sticker
at lunch...

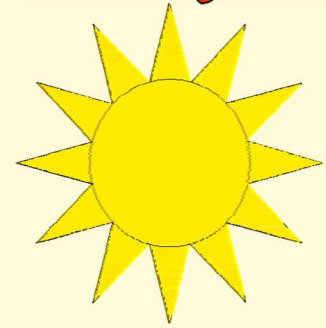


Enjoy a **FREE SLUSH!**

Discover School Breakfast!

WHY EAT BREAKFAST?

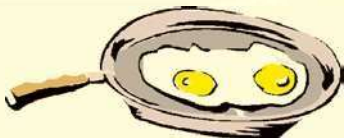
- It is a great way to spend time with friends.
- Breakfast at school costs less than at the convenience store.
- Eating breakfast gives you brain energy to think clearly in your classes and gets you charged up for the day.
- Breakfast has vitamins and nutrients for a strong and healthy body.
- Starting the day with a healthy breakfast revs your metabolism and keeps it going strong for the rest of the day.
- Studies show that when you eat breakfast, you are less likely to overeat during the day.



WHAT DO OTHER KIDS SAY ABOUT EATING BREAKFAST?

- I like breakfast because I don't have time to eat at home.
- It gives me a better attitude towards school.
- I eat breakfast because I'm hungry!

WHAT IS FOR BREAKFAST?



- | | |
|----------|-----------------|
| Cereal | Fruit |
| Toast | Waffles |
| Muffins | Hot Cereal |
| Sweet | Bagels |
| Rolls | English Muffins |
| Pancakes | Milk |
| Eggs | |



This institution is an equal opportunity provider.



In accordance with Federal law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), age, disability, and reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotope, and American Sign Language) should contact the responsible State or local Agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form, which can be obtained online, at <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

mail:

U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or

fax:

(833) 256-1665 or (202) 690-7442; or

email:

program.intake@usda.gov.

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La información del programa puede estar disponible en otros idiomas además del inglés. Las personas con discapacidades que requieran medios de comunicación alternativos para obtener información sobre el programa (por ejemplo, Braille, letra agrandada, grabación de audio y lenguaje de señas americano) deben comunicarse con la agencia estatal o local responsable que administra el programa o con el TARGET Center del USDA al (202) 720-2600 (voz y TTY) o comunicarse con el USDA a través del Servicio Federal de Transmisión de Información al (800) 877-8339.

Para presentar una queja por discriminación en el programa, el reclamante debe completar un formulario AD-3027, Formulario de queja por discriminación del programa del USDA, que se puede obtener en línea, en <https://www.usda.gov/sites/default/files/documents/ad-3027s.pdf>, en cualquier oficina del USDA, llamando al (866) 632-9992, o escribiendo una carta dirigida al USDA. La carta debe contener el nombre, la dirección y el número de teléfono del reclamante, y una descripción escrita de la supuesta acción discriminatoria con suficiente detalle para informar al Subsecretario de Derechos Civiles (ASCR, por sus siglas en inglés) sobre la naturaleza y la fecha de la presunta violación de los derechos civiles. La carta o el formulario AD-3027 completado debe enviarse al USDA por medio de:

correo postal:

U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; o'

fax:

(833) 256-1665 o' (202) 690-7442; o'

correo electrónico:

program.intake@usda.gov.

Esta institución ofrece igualdad de oportunidades.

BREAKFAST

PAID: \$2.00 REDUCED: .30¢
ADULTS/GUEST: \$2.50

MARCH 2026

LITTLE ZEBBIE'S DINER

MANAGER DENA LAHMAN

Wendy Sutton
Mary Loving
JoAnn Shaffer
Madison Castro

Monday	Tuesday	Wednesday	Thursday	Friday
2 MINI POWDERED DONUTS CINNAMON TOAST CRUNCH w/CHEESE STICK DICED PEACH CUP APPLE JUICE MILK	3 MINI MAPLE PANCAKES CINNAMON TOAST CRUNCH APPLESAUCE GRAPE JUICE MILK	4 CINNAMON PEACH MUFFIN CINNAMON TOAST CRUNCH W/CHEESE STICK DICED PEARS ORANGE JUICE MILK	5 GOOD GRAVY PIZZA CINNAMON TOAST CRUNCH STRAWBERRIES FRUIT PUNCH JUICE MILK	6 APPLE FRUDEL W/ICING CINNAMON TOAST CRUNCH MIXED FRUIT APPLE JUICE MILK
9 YEAST DONUT COCOA PUFFS W/CHEESE STICK DICED PEACH CUP GRAPE JUICE MILK	10 MINI BLUEBERRY WAFFLES COCOA PUFFS APPLESAUCE ORANGE JUICE MILK	11 STRAWBERRY POPTART COCOA PUFFS w/CHEESE STICK ORANGE SLICES FRUIT PUNCH JUICE MILK	12 MAPLE PANCAKE WRAP COCOA PUFFS DICED PEARS APPLE JUICE MILK	13 STRAWBERRY PANCAKE PUFF COCOA PUFFS STRAWBERRIES GRAPE JUICE MILK
16 SPRING BREAK	17 SPRING BREAK	18 SPRING BREAK	19 SPRING BREAK	20 SPRING BREAK
23 SPRING BREAK	24 SPRING BREAK	25 SPRING BREAK	26 SPRING BREAK	27 SPRING BREAK
30 BLUEBERRY DONUT HOLES LUCKY CHARMS w/CHEESE STICK DICED PEACH CUP FRUIT PUNCH JUICE MILK	31 FRENCH TOAST BITES LUCKY CHARMS DICED PEARS APPLE JUICE MILK			

OFFERED DAILY
Choice of Milk, Juice, Fresh
And canned Fruits & Vegetables

USDA IS AN EQUAL OPPORTUNITY PROVIDER, EMPLOYER, AND LENDER
MENU IS SUBJECT TO CHANGE BASED ON AVAILABILITY
BREAKFAST MON., TUES., and THURS. & FRI. 7:30 AM WED. 7:45 AM

ALACART MILK .45

PAY FOR MEALS ONLINE
[MySchoolBucks.com](https://www.myschoolbucks.com)



LUNCH

AID: \$3.00 REDUCED: .40¢
ADULTS/GUEST: \$4.60

MARCH 2026

LITTLE ZEBBIE'S DINER

MANAGER DENA LAHMAN

Wendy Sutton
Mary Loving
JoAnn Shaffer
Madison Castro

Monday

Tuesday

Wednesday

Thursday

Friday

2

HOP ON POP POPCORN CHICKEN
FOX IN THE SOCKS TATOR TOTS
WEGGIES OF VEGGIE STICKS
PINK IN THE INK ROSEY APLE-
SAUCE
MR. BROWN CAN MOO MILK

3

COUNTRY BAKED STEAK
W/ GRAVY & DINNER ROLL
SEASONED GREEN BEANS
MASHED POTATOES
PEACH CRISP
MILK

4

WALKING TACO
ROMAINE SALAD
GRAPE TOMATOES
GRANNY SMITH APPLE
MILK

5

GRILLED CHEESE
TOMATO SOUP
BAKED BEANS
STRAWBERRY MIXED FRUIT
MILK

6

YOGURT & CHEESE STICK
W/CEREAL
CELERY STICKS
DRAGON PUNCH
KIWI
MILK

9

CHICKEN NUGGETS
BAKED BEANS
POTATO WEDGES
DICED PEACH CUP
MILK

10

SAUSAGE LINK
MACARONI & CHEESE
BUTTERED PEAS
BABY CARROTS
ORANGE APPLESauce
MILK

11

BOSCO STICK
ROMAINE SALAD
SEASONED CORN
STRAWBERRY JELLO W/PEARS
MILK

12

CHICKEN & NOODLES
DINNER ROLLS
SEASONED GREEN BEANS
MASHED POTATOES
WARM APPLE SLICES
MILK

13

CORN DOG
FRENCH FRIES
FRESH CAULIFLOWER
STRAWBERRIES
WHITE CAKE
MILK

16

SPRING BREAK

17

SPRING BREAK

18

SPRING BREAK

19

SPRING BREAK

20

SPRING BREAK

23

SPRING BREAK

24

SPRING BREAK

25

SPRING BREAK

26

SPRING BREAK

27

SPRING BREAK

30

HAMBURGER
W/CHEESE & BACON
BAKED BEANS
FRENCH FRIES
DICED PEARS
MILK

31

CHICKEN STRIPS
GARLIC TOAST
SEASONED GREEN BEANS
MASHED POTATOES
STRAWBERRY MIXED FRUIT
MILK



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Choice of Milk, Juice, Fresh
&/or canned Fruits & Vegetables

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