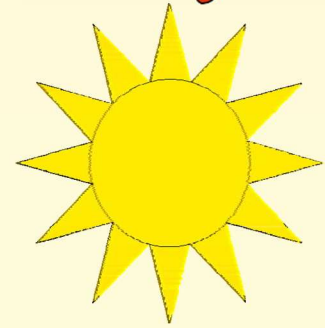


Discover School Breakfast!

WHY EAT BREAKFAST?

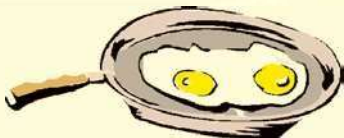
- It is a great way to spend time with friends.
- Breakfast at school costs less than at the convenience store.
- Eating breakfast gives you brain energy to think clearly in your classes and gets you charged up for the day.
- Breakfast has vitamins and nutrients for a strong and healthy body.
- Starting the day with a healthy breakfast revs your metabolism and keeps it going strong for the rest of the day.
- Studies show that when you eat breakfast, you are less likely to overeat during the day.



WHAT DO OTHER KIDS SAY ABOUT EATING BREAKFAST?

- I like breakfast because I don't have time to eat at home.
- It gives me a better attitude towards school.
- I eat breakfast because I'm hungry!

WHAT IS FOR BREAKFAST?



- | | |
|----------|-----------------|
| Cereal | Fruit |
| Toast | Waffles |
| Muffins | Hot Cereal |
| Sweet | Bagels |
| Rolls | English Muffins |
| Pancakes | Milk |
| Eggs | |



This institution is an equal opportunity provider.



AND JUSTICE FOR ALL



In accordance with Federal law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), age, disability, and reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotope, and American Sign Language) should contact the responsible State or local Agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form, which can be obtained online, at <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

mail:

U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or

fax:

(833) 256-1665 or (202) 690-7442; or

email:

program.intake@usda.gov.

This institution is an equal opportunity provider.

Conforme a la ley federal y las políticas y regulaciones de derechos civiles del Departamento de Agricultura de los Estados Unidos (USDA), esta institución tiene prohibido discriminar por motivos de raza, color, origen nacional, sexo (incluyendo identidad de género y orientación de sexual), edad, discapacidad, venganza o represalia por actividades realizadas en el pasado relacionadas con los derechos civiles.

La información del programa puede estar disponible en otros idiomas además del inglés. Las personas con discapacidades que requieran medios de comunicación alternativos para obtener información sobre el programa (por ejemplo, Braille, letra agrandada, grabación de audio y lenguaje de señas americano) deben comunicarse con la agencia estatal o local responsable que administra el programa o con el TARGET Center del USDA al (202) 720-2600 (voz y TTY) o comunicarse con el USDA a través del Servicio Federal de Transmisión de Información al (800) 877-8339.

Para presentar una queja por discriminación en el programa, el reclamante debe completar un formulario AD-3027, Formulario de queja por discriminación del programa del USDA, que se puede obtener en línea, en <https://www.usda.gov/sites/default/files/documents/ad-3027s.pdf>, en cualquier oficina del USDA, llamando al (866) 632-9992, o escribiendo una carta dirigida al USDA. La carta debe contener el nombre, la dirección y el número de teléfono del reclamante, y una descripción escrita de la supuesta acción discriminatoria con suficiente detalle para informar al Subsecretario de Derechos Civiles (ASCR, por sus siglas en inglés) sobre la naturaleza y la fecha de la presunta violación de los derechos civiles. La carta o el formulario AD-3027 completado debe enviarse al USDA por medio de:

correo postal:

U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; o'

fax:

(833) 256-1665 o' (202) 690-7442; o'

correo electrónico:

program.intake@usda.gov.

Esta institución ofrece igualdad de oportunidades.

BREAKFAST

PAID: \$2.00 REDUCED: .30c
ADULTS/GUEST: \$2.50

**APRIL 2026
RMS CAFE**

MANAGER JOSHUA WEYANT
Pamela Shippy
Megan Burden
Katherine Lindsey
Jill Thomas

Monday

Tuesday

Wednesday

Thursday

Friday

CINNA MINIS
FRUIT COCKTAIL
FRUIT PUNCH

6

BREAKFAST BAGEL
DICED PEACH CUP
APPLE JUICE

7

FRENCH TOAST SWIRLS
W/ SAUSAGE PATTY
BLUEBERRIES
ORANGE JUICE

8

**HAM & CHEESE
ENGLISH MUFFIN**
SLICED PEARS
GRAPE JUICE

9

**WARM CHOCOLATE
MUFFIN**
APPLESAUCE
FRUIT PUNCH

10

BREAKFAST BITES
STRAWBERRIES
APPLE JUICE

13

MINI MAPLE PANCAKES
DICED PEACH CUP
ORANGE JUICE

14

**SAUSAGE GRAVY
&
BISCUIT**
SLICED PEARS
GRAPE JUICE

15

APPLE FRUDEL
W/ICING
APPLESAUCE
FRUIT PUNCH

16

**WARM CREAM
CHEESE BAGEL**
FRUIT COCKTAIL
APPLE JUICE

17

MINI WAFFLES
PEACHES
ORANGE JUICE

20

**WARM CREAM
CHEESE BAGEL**
FRUIT COCKTAIL
APPLE JUICE

21

**SAUSAGE & CHEESE
ENGLISH MUFFIN**
STRAWBERRIES
FRUIT PUNCH

22

CONFETTI PANCAKES
CINNAMON APPLESauce
APPLE JUICE

23

DONUT BAR
SLICED PEARS
ORANGE JUICE

24

CHERRY FRUDEL
W/ICING
DICED PEACH CUP
GRAPE JUICE

27

CHOCOLATE DONUTS
FRUIT COCKTAIL
FRUIT PUNCH

28

**SAUSAGE GRAVY
&
BISCUIT**
BLUSHING PEARS
APPLE JUICE

29

PANCAKE ON A STICK
CHERRY MIXED FRUIT
ORANGE JUICE

30

MY SCHOOL BUCKS PAY FOR MEALS ONLINE
MySchoolBucks.com

OFFERED DAILY
POPARTS, BARS, UNCRUSTABLES
CEREAL, DONUTS, & MUFFINS
CHOICE OF MILK, JUICE, CANNED & FRESH FRUIT

WHEN AVAILABLE USDA IS AN EQUAL OPPORTUNITY PROVIDER, EMPLOYER, AND LENDER **ALACART MILK .45**
MENU IS SUBJECT TO CHANGE BASED ON AVAILABILITY

Breakfast: (Mon, Tues, Thurs, Fri) 7:30 A.M. Breakfast: (Wednesday) 8:00 A.M.

Monday

Tuesday

Wednesday

Thursday

Friday



STROMBOLI CHICKEN STRIPS 6
W/BISCUIT STICK
SEASONED GREEN BEANS
SEASONED CORN
DICED PEACHES
APPLESAUCE

CRUNCHERS HAMBURGER 13
W/ CHEESE
SEASONED GREEN BEANS
FRIES
SLICED PEARS
FLAVORED APPLESAUCE

SALISBURY STEAK SLOPPY JOE 20
W/GRAVY & BISCUIT STICK
POTATOE WEDGES
SEASONED CORN
DICED PEACH CUP
ORANGE
VANILLA ICE CREAM CUP

CHICKEN DRUMSTICK COUNTRY FRIED STEAK BITES 27
W/BISCUIT STICK
W/BISCUIT STICK
MASHED POTATOES
SEASONED CORN
DICED PEACHES
APPLESAUCE

PULLED PORK WALKING OR SOFT TACO 7
REFRIED BEAN
TOMATOES, LETTUCE
BLUSHING PEARS
GRANNY SMITH APPLES

ROTINI MOZZARELLA STICKS 14
CALIFORNIA BLEND
W/CHEESE SAUCE DRIZZLE
ROMAINE SALAD
PEACHES
FRUIT COCKTAIL

CHICKEN SANDWICH WALKING OR SOFT TACO 21
REFRIED BEAN
TOMATOES, LETTUCE
BANANA
FRUIT COCKTAIL

HOT & SPICY TENDERS MAC & CHEESE 28
W/DINNER ROLL
SEASONED PEAS
STEAMED BROCCOLI
W/CHEESE SAUCE DRIZZLE
GRANNY SMITH PPLE
JELLO SPRINKLED FRUIT

MINI CORN DOGS BBQ OR PLAIN WINGS 1
W/BISCUIT STICK
BAKED BEANS
FRENCH FRIES
PEARS
RED DECLICIOUS APPLE

LASAGNA CHICKEN NIBBLERS 8
WEDGE POTATOES
BROCCOLI
W/CHEESE SAUCE DRIZZLE
STRAWBERRIES
GRAPES

HEART CORN DOGS BUFFALO BITES 15
BAKED BEANS
HASHBROWN
GRANNY SMITH APPLE
STRAWBERRIES
WHITECAKE

ORANGE CHICKEN SUPER SUB 22
W/RICE
BAKED BEAN
CRINKLE FRIES
CINNAMON APPLESAUCE
CLEMENTINE

MINI CORN DOGS BBQ OR PLAIN WINGS 29
W/BISCUIT STICK
BAKED BEANS
FRENCH FRIES
PEARS
GRAPES

CHICKEN NOODLES TERIYAKI BITES 2
W/DINNER ROLL
W/DINNER ROLL
SEASONED GREEN BEANS
MASHED POTATOES
ORANGE SLICES
CHERRY APPLESAUCE

POPCORN CHICKEN MACARONI & CHEESE BITES 9
SEASONED CORN
MASHED POTATOES
KIWI
BLUEBERRIES

HOT & SPICY FISH SANDWICH 16
SEASONED CORN
POTATOES
ORANGE SLICES
GRAPES

POPCORN CHICKEN TURKEY SLICE 23
W/GRAVY & BISCUIT W/JELLY
SEASONED GREEN BEANS
MASHED POTATOES
WARM APPLE SLICES
BLUSHING PEARS BROWNIE

CHICKEN NOODLES TERIYAKI BITES 30
W/DINNER ROLL
W/DINNER ROLL
SEASONED GREEN BEANS
MASHED POTATOES
ORANGE SLICES
BANANA

NO SCHOOL 3

PIZZA TURKEY & CHEESE SUB 10
W/MARINARA SAUCE
BAKED BEANS
BABY CARROTS
WARM APPLE SLICES
CLEMENTINE

HOT HAM & CHEESE RIPPERS 17
W/MARINARA SAUCE
FRESH CAULIFLOWER
FRESH CARROTS
GALA APPLE
DICED PEACH CUP

BIG DADDY PIZZA TENDERLION 24
ROMAINE SALAD
BABY CARROTS
STRAWBERRIES
BLUEBERRIES

OFFERED DAILY
Choice of Milk, Juice and Fresh &
Canned and Fresh Fruit & Vegetables
ALACART MILK .45

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MY SCHOOL BUCKS PAY FOR MEALS ONLINE
MySchoolBucks.com

ROTATING ENTRÉE'S
Cold Sandwich
Uncrustables
Parfaits
Wraps
RMS Lunchable
Homemade PB&J
Yogurt & String Chz
Nachos